

# 7th Annual ECU Fall Wrestling Clinic

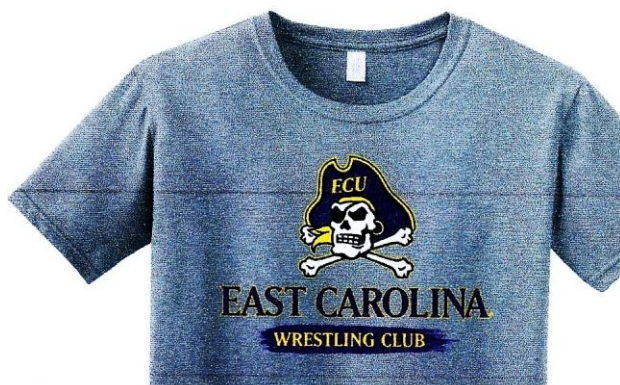
Sunday, November 12, 2017

Milt Sherman



Mike Radford

"We loved the camp & every wrestler got a lot from this awesome ECU camp!!" –  
Coach Tony White – Warwick H.S. Newport News -



8:30 AM – Registration

9:00 Milt Sherman – Takedown Defense, Basic Leg Riding

- ECU Athletics Hall of Fame
- All-American
- Nat. Wrestling Hall of Fame – NC Chapter

10:00 Tom Marsh – Spiral Ride & Pinning

- Nat. Wrestling Hall of Fame – NC Chapter
- ECU Varsity Letterman
- With ECU Coach Jamie Yezarski (Wrestling Warehouse)

11:00 Binky Moore – Cradles

- ECU Coach
- H.S. All-American, 2-time State Champ

12:00 PM – Lunch (Arby's, Sheetz, McDonald's, Subway, and more within 2 blocks) + SRC snack bar & tables

1:00 Phil Mueller – Arm Bars

- 3-Time All-American
- Southern Conf. Outstanding Wrestler For ECU
- Nat. Wrestling Hall of Fame – NC Chapter

2:00 Mike Radford – Sgl & Dbl set-ups & follows

- ECU Varsity Letterman
- 3-time Southern Conference champ
- High school head coach & referee

3:00 Tim McAteer – Roll Series – 5 pt moves

- 4-year ECU Varsity Letterman
- Virginia h.s. head coach & referee

Great Teacher/Student Ratio

Coaches are Assisted by the ECU Wrestling Team

Coaches attend free

Feel free to video tape

Clinic will be held at the East Carolina University  
Student Recreation Center

(Located at 7<sup>th</sup> and Cotanche Streets)  
Park @ 9<sup>th</sup> & Cotanche Streets

**\$40, or \$35 in advance (Includes Team T-shirt)**

6 Hours of Instruction!

Please make checks payable to:

"ECU Wrestling"

Mail To:

128 Student Recreation

East Carolina University

Greenville, NC 27858

For Questions & RSVP please contact us at:

shermanm@ecu.edu

Name: \_\_\_\_\_

Address: \_\_\_\_\_

City: \_\_\_\_\_ State: \_\_\_\_\_ Zip: \_\_\_\_\_

School: \_\_\_\_\_

Email: \_\_\_\_\_

Shirt Size: XS S M L XL 2XL (adult sizes)

\*\*Additional Shirts are \$12 each on day of clinic if extras are available. \*\*

"You get Hall of Fame coaching at ECU"